



BROAD AXE WRESTLING ACADEMY

HOMESCHOOL WRESTLING PROGRAM

2026–27 PILOT YEAR HANDBOOK

**CHOOSE TO FIGHT.
TRAIN TO WIN.
LIVE WITH PURPOSE.**

A HANDBOOK FOR OUR HOMESCHOOL FAMILIES

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WELCOME TO THE PILOT

Welcome to the first year of the Broad Axe Homeschool Wrestling Program.

This program grew from a simple idea: What if young wrestlers had the opportunity to organize part of their homeschool week around serious training, productive study time, great training partners, and the culture we are already building at Broad Axe?

Our goal is not to become a school. Our goal is to create an environment where homeschool athletes can learn, train, grow, and pursue excellence together.

Families remain responsible for their children's education and homeschool requirements. Broad Axe provides supervised study hall time, a productive place to work, and people who will do their best to help students stay on task.

Then we do what we do best: **We train.**

This is our pilot year. Some things may work exactly as planned. Others may need to change as we learn what works best for our athletes and families. When something needs to change, we'll communicate it and adjust quickly.

We're excited to build this together.

WHY THIS PROGRAM EXISTS

Broad Axe has always believed wrestling is about more than wrestling.

The same lessons we teach in the wrestling room apply everywhere else:

- Show up.
- Be disciplined.
- Do the work.
- Stay focused.
- Be coachable.
- Take responsibility.
- Help the people around you.
- Leave things better than you found them.

Our homeschool program gives our athletes another opportunity to practice those habits.

The goal isn't simply to create wrestlers who can train more. We want to help develop young people who can manage their responsibilities, work independently, use their time well, push themselves physically, support their teammates, and pursue meaningful goals.

We're using wrestling as a training ground for life.

WEEKLY HOMESCHOOL SCHEDULE

The Broad Axe Homeschool Wrestling Program meets **Tuesday • Wednesday • Thursday**.

10:00–11:30 AM	Study Hall & Lunch
11:30 AM–2:00 PM	Wrestling • Strength & Conditioning • Athletic Development

Study hall is optional. Athletes who complete their academic work at home are welcome to arrive in time for the 11:30 AM training session.

Regular attendance during the training portion of the program is expected.

The homeschool roster was intentionally built around compatible athletes and training partners. That means attendance doesn't only affect the athlete who is absent — it can affect someone else's ability to train that day.

STUDY HALL

Study hall runs from 10:00–11:30 AM Tuesday through Thursday.

We will typically have two to three study hall supervisors available. Their job is to help create a productive environment, keep students on task, assist with work when they are able, and communicate with families when necessary.

Study hall is designed to provide:

- A consistent block of focused academic time
- Adult supervision
- Accountability
- Help staying organized and on task
- Reasonable academic assistance when our supervisors are able to provide it
- A productive transition into the training portion of the day

Our supervisors will make every reasonable effort to help students accomplish what their parents have assigned.

However, Broad Axe is not providing the student's homeschool curriculum or acting as the student's school.

PARENT RESPONSIBILITY FOR EDUCATION

This is a true homeschool program.

Each family remains responsible for its child's education, curriculum, assignments, academic progress, homeschool documentation, and compliance with any applicable homeschool requirements.

Broad Axe's role during study hall is to support the education being directed by the parent — not replace it.

Parents should know what their child is working on and what needs to be completed. Our supervisors can provide structure and accountability, but ultimate responsibility for a student's education remains with the student's parent or guardian.

We want this relationship to be a partnership:

- **Parents** direct the education.
- **Students** take ownership of their work.
- **Broad Axe** provides support and accountability while they're here.

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DAILY ASSIGNMENTS & PARENT COMMUNICATION

Study hall works best when our supervisors know exactly what a student is expected to accomplish.

Parents are strongly encouraged to send a daily assignment card or message outlining what their child should work on during study hall.

Keep it specific whenever possible. Instead of "*Work on math*," something like this is much more helpful:

- **Math** — Complete Lesson 14 and problems 1–25.
- **English** — Read Chapter 6 and answer the review questions.
- **Science** — Watch today's lesson and complete the worksheet.

The clearer the assignment, the better our supervisors can help the student stay accountable.

When appropriate, supervisors can communicate what was completed, what wasn't completed, and whether there were any issues staying on task.

Our goal is simple: Parents should have a good idea of how their child's study hall time was used.

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STUDENT RESPONSIBILITY

Our supervisors are here to help. They are not here to chase students around for 90 minutes.

As athletes mature, we want them to take increasing ownership of their responsibilities.

During study hall, students are expected to:

- Arrive prepared
- Know what work they need to complete
- Begin working promptly
- Stay reasonably focused
- Ask for help when they need it

- Respect the students working around them
- Follow directions from study hall supervisors
- Use technology for schoolwork during study time
- Take responsibility for unfinished assignments
- Clean their work area before training begins

Learning to manage your own responsibilities is part of the program.

Discipline doesn't begin at 11:30 when wrestling practice starts. It starts at 10:00 when it's time to get your work done.

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STUDY SPACES

Not every student learns the same way, and not every assignment requires the same environment. We will have two primary study areas.

QUIET STUDY AREA

The back room will serve as our quieter workspace. This area is intended for:

- Reading
- Writing
- Independent coursework
- Tests and quizzes
- Students who need fewer distractions
- Work requiring greater concentration

Students using this area are expected to respect the quiet environment.

WRESTLING ROOM / COLLABORATIVE AREA

When available, the wrestling room can be used for assignments that require a little more movement, conversation, collaboration, or noise.

Supervisors may move students between areas depending on the work being completed and the needs of the group.

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HEADPHONES & TECHNOLOGY

Many homeschool programs include online lessons, videos, virtual instruction, or other audio-based coursework.

Students who need to listen to lessons on a laptop, tablet, or other device should bring headphones or earbuds — preferably noise-canceling headphones.

Students should also arrive with:

- Laptop or tablet if required
- Chargers
- Books
- Notebooks
- Pencils and pens
- Calculators or other required materials
- Any worksheets or printed assignments they need

Students should come ready to work. Broad Axe is not responsible for supplying academic materials or electronic devices.

Technology is a major part of modern homeschooling, so phones, laptops, tablets, and other devices are permitted when they are being used appropriately.

During study hall: **School technology is a tool. Use it like one.**

Students may use devices for:

- Online coursework
- Research
- Educational videos
- Communication related to schoolwork
- Calculators and educational applications
- Other legitimate academic purposes

Students should not spend study hall scrolling social media, gaming, watching unrelated videos, or distracting other students.

We don't want supervisors spending the morning policing phones.

If personal-device use becomes a distraction, a supervisor may ask the student to put the device away for the remainder of study hall. Repeated issues will be communicated to the parent.

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LUNCH

The 10:00–11:30 block also serves as our lunch period.

Students should bring their own lunch, drinks, and any snacks they need for the day.

Because training begins immediately afterward, we encourage families to send food that their athlete can comfortably eat before practice.

Students are responsible for cleaning up after themselves. Food, wrappers, bottles, and trash should never be left behind.

Leave it better than you found it.

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STUDY HALL IS OPTIONAL

The study hall portion of the program is available to every homeschool athlete, but participation is optional.

Families are welcome to complete schoolwork at home and have their athlete arrive in time for the 11:30 AM training session.

We understand that different homeschool families use different schedules, curriculums, online programs, co-ops, tutors, and learning environments.

The study hall exists as a resource — not a requirement.

However, athletes attending study hall are expected to participate productively and follow all study hall expectations.

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ARRIVING WITHOUT SCHOOLWORK

Study hall works best when students arrive prepared.

Parents are strongly encouraged to provide a clear daily assignment card or message so our supervisors know what the student is expected to accomplish.

If a student occasionally arrives without assigned work, we'll work with them to find something productive to do. If it becomes a pattern, we'll communicate with the family.

- Broad Axe will provide the environment and accountability.
- Families provide the education.
- Students provide the effort.

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BEHAVIOR DURING STUDY HALL

Study hall should feel comfortable without becoming chaotic.

Students can talk when appropriate. They can ask questions. They can help each other. They can eat lunch. We want relationships to develop.

But when someone needs quiet, we respect it.

Students who repeatedly interfere with another student's ability to work will be redirected. If necessary, they may be moved to another workspace.

Repeated behavioral problems will be communicated to parents and may result in the student losing study hall privileges.

That does not automatically mean losing their homeschool wrestling membership. We recognize that the academic and athletic portions of the program are different environments.

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TRAINING

At 11:30 AM, we transition from academics to training.

Training runs until 2:00 PM and may include:

- Wrestling technique
- Drilling
- Situational wrestling
- Live wrestling
- Strength training
- Conditioning
- Mobility
- Athletic development
- Mental toughness and mindset work
- Competition preparation
- Recovery and training education

The exact structure will change throughout the year based on training cycles, competition schedules, athlete needs, and coaching objectives.

This is not simply extra mat time. The goal is to create a purposeful developmental program where athletes have the opportunity to train consistently with quality partners over an extended period of time.

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TRAINING PARTNERS MATTER

One of the biggest advantages of this program is consistency.

Athletes were selected for this pilot with the overall training environment in mind, including age, size, experience, ability, goals, and available training partners.

That means your attendance affects more than you. When one wrestler misses, another wrestler may lose the partner we expected them to have that day.

For that reason, regular attendance during the training portion of the program is expected.

We understand that families will have vacations, appointments, illnesses, co-op commitments, competitions, and other obligations.

Missing occasionally isn't a problem. Failing to communicate is.

If your athlete will miss a scheduled homeschool training day, please let us know as early as reasonably possible.

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THE GIFT OF TIME

One of the greatest advantages of the Broad Axe Homeschool Wrestling Program is something that's difficult to create in a traditional schedule: **TIME**.

- More time to teach.
- More time to drill.
- More time to wrestle.
- More time to develop strength and athleticism.
- More time to work with consistent training partners.
- More time to slow down when something needs attention — and more time to push the pace when it's time to work.

Over three homeschool training days, our athletes have access to 7½ additional hours of dedicated training time during the day. That's a tremendous opportunity.

The homeschool sessions are intended to add to an athlete's regular Broad Axe training, not simply replace it. We still want our homeschool athletes attending their appropriate evening practices consistently, and families should generally try to get their athlete to a couple of weeknight practices whenever their schedule allows.

At the same time, one of the benefits of moving so much quality training into the daytime is that families gain something valuable too: **Some of their evenings back.**

Wrestling families spend a lot of nights driving to practice, sitting in gyms, eating dinner late, and organizing family life around training schedules. We understand that time matters.

If an athlete has already trained hard for 2½ hours during the day, there may be nights when the right decision is to go home. Eat dinner with your family. Get your schoolwork finished. Attend another sport. Go to church. Recover. Or simply have a normal night at home.

That's part of the flexibility this program is designed to provide.

What we don't want is for homeschool training to become a complete replacement for the regular Broad Axe program. Our evening practices keep homeschool athletes connected with the larger Broad Axe room, expose them to additional partners, and give them opportunities to train alongside athletes they may not see during the day.

Whenever possible, we want our homeschool athletes doing both: Use the daytime to create additional high-quality training. Use evening practices to stay connected to the larger room and continue accumulating mat time. And use the flexibility we've created to protect some valuable family time along the way.

That's one of the biggest opportunities this program gives us. We're creating more time for wrestling without requiring wrestling to take every available hour away from everything else that matters.

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REGULAR BROAD AXE EVENING PRACTICES

Homeschool membership includes access to the athlete's appropriate Broad Axe evening practices.

Monday & Wednesday

Intermediate	5:20–6:50 PM
Advanced	7:00–8:30 PM

Tuesday & Thursday

Toddler (Tuesday only)	5:00–5:30 PM
Beginner	5:30–6:45 PM
Intermediate & Advanced Combined	7:00–8:30 PM

Athletes should attend the evening class appropriate for their age, experience, ability, and coach-approved placement. The homeschool sessions are intended to add to an athlete's regular Broad Axe training, not simply replace it. Families should generally try to get their athlete to a couple of weeknight practices whenever their schedule allows.

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NINE-MONTH PROGRAM COMMITMENT

The Broad Axe Homeschool Wrestling Program is a nine-month program, not a month-to-month membership. By accepting a spot in the program, families are committing to the full nine months of the program — both in attendance and financially. Our roster is intentionally limited and built around specific athletes, ages, weights, experience levels, and training partners. When a family accepts a spot, that spot is being reserved for that athlete for the entire program.

For that reason:

- Tuition is a commitment for the full nine-month program, regardless of whether payments are made monthly or through another payment schedule.
- Families are expected to make every reasonable effort to attend consistently throughout the program.
- Normal absences for illness, vacations, competitions, appointments, educational opportunities, and other reasonable circumstances are expected and completely understandable.
- Missing individual days does not change the financial commitment to the program.
- Choosing to withdraw from the program before the end of the nine-month term does not automatically end the family's remaining financial obligation.

We aren't expecting perfect attendance. We're expecting commitment and communication.

The success of this program depends on having a consistent group of athletes who can learn, train, and develop together over the course of the entire nine months.

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ATTENDANCE & ABSENCES

Study hall is optional. Training is not.

We understand that homeschool families have flexible schedules and that athletes will occasionally miss because of:

- Illness
- Family travel
- Appointments
- Educational opportunities
- Co-ops
- Competitions
- Other reasonable commitments

That's completely understandable. What matters is communication.

Our roster was intentionally built around the athletes having appropriate training partners. When one athlete is absent, it can affect someone else's training.

If your athlete will miss training, please notify us as early as reasonably possible.

Repeated unexplained absences may result in a conversation about whether the program remains the right fit.

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DROP-OFF & PICKUP

Parents may drop students off for the program and do not need to remain at the facility.

Students attending study hall should arrive shortly before 10:00 AM and be ready to begin working at 10:00.

Students skipping study hall should arrive early enough to be completely ready for the 11:30 AM training session.

Parents should arrange for athletes to be picked up promptly following the conclusion of training at 2:00 PM unless the athlete has permission to remain at the facility.

We understand that occasional delays happen. If you're running significantly late, please communicate with us.

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LEAVING THE FACILITY

Students may not leave the Broad Axe facility during program hours without permission from a parent or guardian.

Older athletes who drive themselves may leave when permitted by their family.

If a student needs to leave early for an appointment, co-op, family commitment, or another reason, parents should communicate that with us ahead of time whenever possible.

Once an athlete leaves the facility with permission, Broad Axe is no longer responsible for supervising that athlete.

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MEDICATION

Broad Axe staff and study hall supervisors will not routinely administer medication.

Families should communicate directly with Broad Axe regarding any medication, emergency medication, allergy, or medical situation that staff need to be aware of.

Whenever possible, students who are capable of responsibly managing their own permitted medication should do so according to their family's instructions.

Emergency medications and serious allergies should be clearly communicated to staff before the student participates in the program.

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ILLNESS

If your child is sick, please keep them home.

This is especially important because our athletes spend significant time in close physical contact during wrestling.

Students experiencing fever, vomiting, contagious illness, or symptoms that would make normal participation unreasonable should not attend.

Missing a training day because you're sick is understandable. **Protecting your teammates is part of being a good teammate.**

INJURIES & EMERGENCIES

Athletes should immediately tell a coach or supervisor if they are injured or don't feel well.

For minor issues, staff will use reasonable judgment, contact the parent when appropriate, and remove the athlete from activity if necessary.

If we believe an athlete requires urgent medical attention, our first priority will be the athlete's safety. Emergency services may be contacted when appropriate, and the parent or guardian will be contacted as quickly as possible.

Parents are responsible for keeping current emergency contact information on file.

Existing Broad Axe injury, concussion, skin-health, and return-to-play expectations continue to apply during homeschool training.

DISCIPLINE DURING TRAINING

Once training begins, the normal Broad Axe Standard applies.

Athletes are expected to:

- Listen when coaches are teaching
- Stay engaged
- Give appropriate effort
- Treat partners with respect
- Accept coaching and correction
- Avoid distracting the group
- Follow safety instructions
- Help maintain the pace of practice

Coaches may remove an athlete from a drill, live wrestling, or practice when behavior is interfering with the training environment.

Every athlete is treated fairly. Every athlete is held accountable.

RESPECT THE FACILITY

Our facility belongs to everyone who trains here. Treat it that way.

Students should:

- Clean up their study area
- Throw away trash

- Put chairs and tables back where they belong
- Take care of equipment
- Respect bathrooms and common areas
- Keep food and drinks where permitted
- Never intentionally damage property
- Help clean up when asked
- Pick something up when they see it — even if it isn't theirs

You should never leave Broad Axe thinking: *"That's someone else's job."*

If you can make something better, make it better.

Leave it better than you found it.

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WHAT TO BRING EACH DAY

Students should arrive prepared for both parts of the day.

FOR STUDY HALL

- ☐ Assigned schoolwork
- ☐ Books and notebooks
- ☐ Laptop or tablet, if needed
- ☐ Charger
- ☐ Pens/pencils
- ☐ Headphones or earbuds for audio lessons
- ☐ Any additional materials required for coursework

FOR TRAINING

- ☐ Wrestling shoes
- ☐ Appropriate athletic clothing
- ☐ Refillable water bottle
- ☐ Headgear/mouthguard if used
- ☐ Any required strength-training gear

FOR THE DAY

- ☐ Lunch
- ☐ Snacks as needed
- ☐ A positive attitude

☐ A willingness to work

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HEALTH, HYGIENE & SAFETY

The same hygiene and safety standards outlined in the Broad Axe Member Handbook apply to homeschool training.

Athletes should arrive clean, wear clean training clothes, keep nails trimmed, cover open cuts, and immediately report any possible skin infection or injury.

Students who are sick should stay home.

We train closely together. Looking after your teammates means making responsible decisions when you aren't feeling well.

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THE BROAD AXE STANDARD APPLIES ALL DAY

The Broad Axe Standard doesn't begin when wrestling practice starts.

It applies during study hall. It applies during lunch. It applies in the locker room. It applies during strength training. It applies on the wrestling mat.

Students are expected to demonstrate:

RESPECT

for supervisors, coaches, teammates, other students, and the facility.

EFFORT

whether completing an assignment or finishing the final wrestling round.

ACCOUNTABILITY

own your work, your behavior, your preparation, and your mistakes.

COACHABILITY

listen, learn, accept correction, and make adjustments.

GRATITUDE

recognize the opportunity you've been given.

SERVICE

help the people around you.

INTEGRITY

do the right thing even when nobody is watching.

These expectations are not separate from the homeschool program. **They are the homeschool program.**

THIS IS A PILOT PROGRAM

This is Year One. We're going to learn.

We have built the program thoughtfully, but there will undoubtedly be things we discover once 30 athletes are actually living this schedule week after week.

We may adjust study hall procedures, room assignments, communication systems, training groups, daily schedules, lunch procedures, supervisor responsibilities, and other logistical details.

If something isn't working, we'll address it. If something can be better, we'll improve it.

That's not a failure of the pilot. That's the purpose of a pilot.

We ask our families to communicate openly with us and give us the opportunity to solve problems as they arise.

WHAT SUCCESS LOOKS LIKE

At the end of this year, success won't only be measured by wrestling results.

We hope our athletes become:

- More disciplined.
- More independent.
- Better at managing their time.
- Better teammates.
- More physically capable.
- More technically skilled.
- More comfortable with hard work.
- More accountable.
- More confident.
- More coachable.
- And more prepared for whatever comes next.

If they win some big wrestling matches along the way, we'll enjoy those too.

But Broad Axe has always been about something bigger.

One day the wrestling shoes come off. What remains is the person we've helped build.

OUR COMMITMENT TO FAMILIES

We will work hard to provide:

- A safe environment.
- Quality coaching.
- Purposeful training.
- Productive study hall supervision.
- Clear communication.
- Accountability.
- Consistency.
- And adults who genuinely care about your children.

In return, we ask families for communication, commitment, patience during our pilot year, and support of the standards we're trying to teach.

Together, we can build something special.

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THE BROAD AXE HOMESCHOOL PROMISE

We don't come here simply because we have four hours to fill. We come here to invest them.

- Invest in your education.
- Invest in your body.
- Invest in your teammates.
- Invest in your discipline.
- Invest in your future.

What you repeatedly do becomes who you are.

So when it's time to study — study with purpose. When it's time to train — train with purpose. When someone needs help — serve with purpose.

And when something is difficult — **Choose to Fight**. When it's time to prepare — **Train to Win**. And wherever this journey takes you — **Live with Purpose**.

Welcome to the Broad Axe Homeschool Wrestling Program.

DAILY COMMUNICATION CARD

STUDENT _____

DATE _____

TODAY'S PRIORITIES

1. _____

2. _____

3. _____

MUST COMPLETE TODAY

IF TIME ALLOWS

NOTES FOR STUDY HALL SUPERVISOR

END-OF-DAY UPDATE — COMPLETED

STILL NEEDS WORK

SUPERVISOR NOTES

The purpose is simple: Create a clear line of communication between **Parent → Student → Supervisor → Parent**.

PARENT & ATHLETE AGREEMENT

The Broad Axe Homeschool Wrestling Program works when athletes, parents, supervisors, and coaches all understand their roles.

By participating in the program, we understand that:

EDUCATION REMAINS THE RESPONSIBILITY OF THE PARENT OR GUARDIAN.

Broad Axe provides supervised study hall and academic support when possible but does not provide the student's homeschool curriculum or replace the parent's responsibility for the student's education.

STUDY HALL IS OPTIONAL.

Students may complete their academic work at home and arrive for training.

TRAINING ATTENDANCE IS EXPECTED.

The roster was intentionally constructed around training partners, and absences affect other athletes.

COMMUNICATION MATTERS.

Families will communicate absences, schedule changes, medical concerns, and other important information.

STUDENTS ARE EXPECTED TO ARRIVE PREPARED.

That includes academic materials, wrestling equipment, lunch, water, and anything else necessary for the day.

STUDENTS WILL RESPECT THE FACILITY.

They will clean up after themselves and help leave Broad Axe better than they found it.

THE BROAD AXE STANDARD APPLIES THROUGHOUT THE ENTIRE PROGRAM.

Respect. Effort. Accountability. Coachability. Gratitude. Service. Integrity.

THIS IS A PILOT PROGRAM.

Our family understands that reasonable procedures may change as Broad Axe learns how to make the program better.

WE UNDERSTAND THIS IS A NINE-MONTH COMMITMENT.

By accepting a position in the Broad Axe Homeschool Wrestling Program, our family is committing to the full nine-month program. We understand that this commitment includes both consistent participation and payment for the full program term, regardless of the payment schedule selected. We understand that normal absences are expected, but withdrawal or non-attendance does not automatically cancel the financial commitment associated with the reserved program spot.

MOST IMPORTANTLY, WE UNDERSTAND WHY WE'RE HERE.

We're here to learn. We're here to train. We're here to grow. We're here to invest our time instead of simply spending it.

ATHLETE NAME _____

ATHLETE SIGNATURE _____

PARENT/GUARDIAN NAME _____

PARENT/GUARDIAN SIGNATURE _____

DATE _____

WELCOME TO YEAR ONE

This program is an opportunity.

An opportunity to learn with greater independence. An opportunity to train with greater purpose. An opportunity to spend more time around teammates who are pursuing the same goals. An opportunity to develop habits that will matter long after wrestling is over.

We know this first year will teach us a lot. We also believe it can be the beginning of something special.

Thank you for trusting us with your athletes. Thank you for supporting the standards we are trying to build. Thank you for being part of the first Broad Axe Homeschool Wrestling Program.

CHOOSE TO FIGHT. TRAIN TO WIN. LIVE WITH PURPOSE.

BROAD AXE WRESTLING ACADEMY

HOMESCHOOL WRESTLING PROGRAM

2026–27 PILOT YEAR



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